

Self-checkout scanning and paying machines are CRAWLING with fecal matter, health experts warn

Description

All that "contactless" technology that was implemented alongside the covid scamdemic comes with a price: increased exposure to *fecal matter* all over the surfaces and screens.

Self-checkout computer screens and card readers, which were supposed to make shopping "safer" by minimizing contact between humans, are *loaded* with feces and other "vomit-inducing bugs," British scientists say.

Swab samples revealed the presence of thousands of bacteria, including *E. coli*, all over payment machines. Such bacteria are linked to urinary tract infections (UTIs) and *Candida albicans*, a type of yeast infection that infests the mouth, throat, gut, and vagina.

Similar studies on escalator railings, eating tables, and other things people touch while out in public revealed similar pathogens. Shared desks at work are another source of potential infection, as are shared computer keyboards.

Scientists at the Infection Innovation Consortium (iiCON) in Liverpool, England, spearheaded the study, which reveals something that one would think is obvious: there are germs pretty much everywhere.

"The self-checkout samples had one of the highest bacterial loads, as we found five different types of potential disease-causing bacteria surviving on them," said Dr. Adam Roberts, chief researcher at the agency.

"This included *Enterococcus* which is found in human feces and, while this is usually harmless, it can of course lead to disease, particularly in those who may have weakened immune systems." (Related: Commercial airplanes are loaded with fecal matter as well – it is all over the seats and food trays.)

Roberts said he and his team also found multiple types of *E. coli* as well as another bacteria called *Klebsiella* on computer keyboards. These pathogens are all naturally found in feces and in the

intestines, and "given the right environment," he said," they are able to cause quite severe diseases in humans, so it's vital that we wash our hands before and after eating when working at the computer."

Don't be scared of germs: Just take good care of your body with proper hygiene and nutrition

Roberts says shoppers need to make sure they wash their hands regularly, especially after going to the washroom, because they can transmit and spread these feces-borne diseases with ease while out and about and snacking along the way.

"It's vital to try to minimize their effects in terms of infection prevention and control, so when we touch our mouths or go to the toilet and don't wash our hands, we've likely got bacteria from these places on our hands which can then transfer to other things – and subsequently to other people," Roberts added.

"If those individuals are more susceptible to infection than you are, there may be a problem."

Roberts is also tied to a campaign called "Simple Things" that was launched after researchers discovered that about two-thirds of the general population is worried about the spread of germs this winter – especially after all the psychological trauma they had to endure at the hands of the plandemic terrorists.

The Simple Things initiative calls for people to practice four key measures to stay "safe" during the colder months: hand-washing, sanitizing surfaces, social distancing, and covering sneezes and coughs.

We would warn that many hand sanitizers are toxic, so if you are one to be scared of germs then perhaps consider using essential oil purifying blends on your surfaces instead of antibacterial alcohol solutions. Social distancing is another one that has no real basis in science and is more fearmongering than anything else.

Boosting your natural immunity with rest, hydration, nutrition, and supplementation is a much better grouping of fours than the fours recommended in the Simple Things protocol.

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