

Monkeypox: Truth vs Fearporn

Description

I keep getting asked the same question again and again; is this outbreak of monkeypox a real threat, or is this another case of overstated and weaponised public health messaging? I am going to save my answer to this question for the end of this article, wrote Dr. Robert Malone, and instead focus on what monkeypox is, the nature and characteristics of the associated disease, and what we know and don't know.

By Dr. Robert Malone

The monkeypox virus, which originates in various regions of Africa, **is** related to smallpox (Variola), which are both members of the genus *Orthopoxvirus*. However, it is important to understand that Variola (major or minor) is the species of virus which is responsible for the worst human disease caused by the *Orthopox* viruses. For example, cowpox, horsepox, and camelpox are also members of this genus, none of which are a major health threat to humans, and one of which (cowpox) has even been (historically) used as a smallpox vaccine. My point is that just because monkeypox is related to smallpox, this does not in any way mean that it represents a similar public health threat. Anyone who implies otherwise is basically engaged in or otherwise supporting weaponised public health-related propaganda. In other words, spreading public health fearporn.

Monkeypox was first identified in 1958 in colonies of monkeys, and the first human case of the virus was identified in 1970 in the Democratic Republic of the Congo. Most likely this was just the first case identified, as people living in Africa have been in contact with monkeys and the other monkeypox animal hosts for millennia. The "West African" monkeypox clade (clade = variant) circulating outside of Africa at this time causes a milder disease compared to the closely related virus found in other regions of Africa (Congo clade).

The symptoms of monkeypox are somewhat similar to but much milder than smallpox disease. The general clinical presentation of the disease caused by the West African monkeypox clade virus involves Influenza-like symptoms — fever, body aches, chills — together with swollen lymph nodes. A rash on the palm of the hand is often observed. In the latter stage of the disease, which may last for up to a month or more in some cases, may involve small lesions which develop a crust, and which can

result in a small depigmented scar. There is no evidence of asymptomatic transmission. In other words, current medical knowledge indicates that it is only spread by person to person contact between an uninfected individual and someone who already has symptoms of the disease. Therefore, disease spread can be readily controlled by classical public health interventions such as contact tracing, temporary quarantine of those who have had physical contact with someone who is infected, and longer-term quarantine of those who develop symptoms. Essentially all of the current cases in the west that we are seeing in the news are among men who have sex with men and appear to be due to close physical contact. monkeypox is endemic in many parts of Africa, and is a "zoonotic" virus, meaning it can be transmitted from a variety of animals (not just monkeys) to humans. Initial animal to human transmission followed by limited human to human transmission is probably the cause of the sporadic cases typically observed in Africa. Chickenpox, which is highly transmissible, is not part of the genus *Orthopoxvirus*, and they are not particularly pathogenic when contracted by humans; just because monkeypox is a "pox" virus in the genus *Orthopoxvirus, does not mean it is particularly deadly.*

Monkeypox is a double-stranded DNA virus, which means that due to the double-stranded nature of DNA each of the two strands act as a "check" on the other during replication. As a consequence of this "error checking", this and other DNA viruses mutate much more slowly than RNA viruses do. Over time, DNA virus genomes are relatively stable. This means that, unlike SARS-CoV-2 (Covid) or influenza, monkeypox is unlikely to rapidly evolve to escape either naturally acquired or vaccine-induced immunity. For the purposes of making a vaccine, this makes it a much easier target that, say, a rapidly evolving RNA Coronavirus such as SARS-CoV-2, the virus which causes Covid-19. Furthermore, from an immunological point of view, the various Orthopox viruses often are cross-protective. In other words, if you have been vaccinated with a smallpox vaccine, or previously infected by cowpox, camelpox, or monkeypox, you are highly likely to be quite resistant to disease caused by the monkeypox virus which is now being (quite rarely) reported in non-African countries.

Current data indicate that monkeypox is not very infectious in humans – it has a low Ro (perhapsbelow 1), which is the term used to describe how efficiently an infectious disease can spread fromhuman to human. Again, this is super good news for containment. A Ro of <1 generally means that(even in the absence of social distancing or other containment measures), for every person already infected, on average less than one other person will become infected. For comparison purposes, theOmicron variants of SARS-CoV-2 have a Ro in the range of 7 to 10. A virus with a Ro of less than onecan be easily contained with the standard public health methods discussed above. A virus with a Ro of7-10 essentially cannot be contained and will rapidly spread throughout the world, as we have seenwith the Omicron variants. In the case of a virus with a Ro around 1 or less, traditional infectious disease containment methods such as contact tracing, identification and isolation of infected individuals can be all that is needed to control the virus. Now the fact that monkeypox is being spreadfrom human to human (rather than only arising from contact between a person and an infected animal)is not such good news, but since this transmission appears to be from very close contact, this meansthat it can be easily contained without resorting to a general population vaccination campaign. In thistype of setting, if there is a significant outbreak, vaccination is often restricted to just the health careand/or first responder personnel most likely to be in contact with an infected person. Using a vaccine tohelp that containment via either "ring" vaccination or widespread vaccination strategies is generally unnecessary, and may even be counterproductive, depending on the safety of the vaccine - keeping inmind that no drug or vaccine is perfectly safe.

Let me take a moment to tell a personal story to illustrate this point. After the 9-11 events including the anthrax letters, I took a job involving clinical development of a wide range of biodefence vaccines under a US Department of Defence (DoD) contract (issued to Dynport Vaccine Company). One of the vaccine indications we worked on was for the prevention of smallpox. The Vice President of the United States at the time, Mr. Dick Cheney, was advocating for widespread vaccination against smallpox because it was thought that there was something like a 1% chance of a bioterror attack involving the reintroduction of smallpox into the United States. The existing live attenuated smallpox vaccine began to be deployed throughout the United States to healthcare workers and first responders. Then multiple reports of vaccine-caused damage began to circulate. I was tasked with looking into historic DoD smallpox vaccine campaign records concerning these types of "adverse events". Adverse events after administration of this live attenuated vaccine were well known, and generally fell into two categories. In some cases, a small subset of young war fighters and recruits had some previously undetected immunologic defect which resulted in them developing an ongoing infection by the live attenuated vaccine virus that was being used at the time. The other group developed more subtle symptoms including what now appears to have been vaccination-associated myo- and pericarditis - typically ascribed to an autoimmune process. These problems were known risks back when smallpox vaccination was common (and smallpox had not been eradicated) and therefore no surprise when the same vaccine was redeployed in the present. But smallpox had been eradicated, and Mr. Cheney's worst-case scenario never happened. Those who were vaccinated and damaged to protect against a non-existent threat provide a great example illustrating a completely upside-down risk-benefit ratio. All risk, no benefit. And, appropriately, the smallpox vaccination campaign was halted.

Key takeaway: this is not influenza or Covid – this virus mutates slowly, it is not highly infectious, naturally acquired immunity is potent and long-lasting, and Orthopox vaccines are usually cross-protective. The risk of immunologic escape is very, very low. And the spread of this virus can be readily stopped by simple, inexpensive classical public health measures. If it were otherwise, we would

already have experienced a pandemic of monkeypox decades ago.

Monkeypox disease severity can vary with different clades (found in different regions in Africa, which also suggest the virus has been around for a very long time). Luckily, this particular clade is less severe and appears to be endemic in Africa. Unfortunately, it has rarely been studied and so relatively little is known about the virus and associated human disease, largely because the infectious threat to the general population is so low. STAT news' journalist Helen Branswell has recently interviewed CDC experts, and published an excellent summary of the clinical presentation:

With one to three days of the onset of fever, a distinctive rash appears, often starting on the face. Many conditions can cause rashes but the monkeypox rash has some unusual features, notably the fact that vesicles can form on the palms of the hands. In countries where it is endemic, the virus is believed to mainly spread to people from infected animals when people kill or prepare bushmeat for consumption.

Once the virus jumps to people, human-to-human transmission can occur via respiratory droplets — virus-laced saliva that can infect the mucosal membranes of the eyes, nose, and throat — or by contact with monkeypox lesions or bodily fluids, with the virus entering through small cuts in the skin. It can also be transmitted by contact with clothing or linens contaminated with material from monkeypox lesions. (STAT News).

There was a prior outbreak of monkeypox in the United States during 2003. That particular outbreak, the first reported outside of Africa, was traced back to the importation of small mammals from Ghana. As shown by this outbreak, multiple animals can contract the disease – during that outbreak, giant pouched rats and squirrels tested positive for the virus and eventually spread it to prairie dogs being sold as pets in multiple Midwestern states (per the CDC). Forty-seven people caught the disease from the prairie dogs. This is important and relevant history, because the current outbreak appears to be occurring from human-to-human transmission, with no single individual traced as case zero. There have been a few other outbreaks outside of Africa over the years from travellers coming from Nigeria. It is currently thought that the monkeypox virus is much more common in Nigeria than has previously been reported.

There is a vaccine that was licensed in the U.S. in 2019 for people 18 years of age and older to protect against smallpox and monkeypox; Bavarian Nordic's Jynneos. A second vaccine, ACAM2000 made by Emergent Product Development, protects against smallpox and is also thought to offer some protection against monkeypox. Both vaccines are licensed only for people considered at high risk of contracting the disease because they are not entirely safe. In the 2003 monkeypox outbreak in the U.S., the smallpox vaccine was deployed to persons considered at high risk.

The U.S. already holds supplies of the vaccines in the Strategic National Stockpile, a hedge against public health emergencies. "To combat a smallpox emergency, the SNS holds enough smallpox vaccine to vaccinate the entire U.S. population. In addition, the SNS has antiviral drugs that can be deployed to treat smallpox infections, if needed," a spokesperson for the Department of Health and Human Services said via email. In my opinion, the 119-million-dollar smallpox vaccine purchase which was just authorised by the US HHS and Biden administration represents an unnecessary and unwarranted expense, unless there are data showing that the current strain is significantly differentfrom the historic predecessor strains within this clade.

The WHO's Van Kerkhove noted that some of these products have been licensed using what is known as the animal rule, where animal efficacy data are used as a surrogate because the lack of circulating smallpox means the vaccines or drugs can't be tested for efficacy in people. As a result, any such product could only be used in the context of a clinical trial, she said.

"There are options. We just have to make sure that they're used appropriately. One of the things related to vaccines is we want to make sure if the vaccines are needed and used, they're used among populations that need them the most. There's not ample supply of anything right now," she said.

Still, she expressed confidence the outbreak can be controlled.

"What we need to do right now is focus on stopping the spread. And we can do that. We can do that with the appropriate messaging, with the appropriate testing ... with supportive isolation and clinical care as necessary, with protecting health workers," Van Kerkhove said. (STAT News).

The Bill Gates-funded organisation GAVI has provided their assessment of the medical threat posed by monkeypox, which can be <u>found HERE</u>. Many readers of <u>this Substack</u> will not be surprised by my assessment that this GAVI threat assessment is highly biased towards overstatement. For example, the article seeks to create parallels between monkeypox and Ebola:

Similar to viruses like Ebola, transmission only happens in close proximity by contact with lesions, body fluids, respiratory droplets or contaminated materials such as bedding or clothes.

The article also states the following pants-on-fire disinformation;

Although symptoms often ease within a month, **one in ten cases can be fatal**. Children are particularly susceptible.

Factcheck determination by qualified subject matter expert



This assertion represents a very biased interpretation of a data report from the World Health Organisation:

In 2020, the <u>World Health Organisation (WHO)</u> reported 4,594 suspected cases of monkeypox, including 171 deaths (case fatality ratio 3.7%). They are described as suspected because confirmation requires PCR testing, which is not easily available in endemic areas.

Those readers who have become sensitised to this type of information manipulation and weaponisation will immediately notice two key things about this comment. First, the reported mortality of 3.7% (**NOT 10%**) of cases is from suspected, not confirmed cases. Secondly, this type of sampling is highly biased towards more severe disease – countries rarely will detect and do not report cases of mild disease to the WHO.

So, is the biothreat real? Is it imminent? Does it justify the global media hype? As I was waiting in an airport lounge to travel from the USA to the UK two days ago, I saw a newsreel from CNN which was breathlessly reporting on this "threat" while displaying historic images of patients suffering from smallpox disease. This provides a classical example of public health fearporn, in my opinion, and **CNN should be reprimanded for broadcasting irresponsible propaganda – misinformation and disinformation- under the guise of journalism**.

In my opinion, based on currently available information, monkeypox is a virus and disease which is endemic in Africa, emerges sporadically after transmission into humans from animal hosts, and is

typically spread by close human contact. It is readily controlled by classical public health measures. It does not have a high mortality rate. Unless there has been some genetic alteration, either through evolution or intentional genetic manipulation, it is not a significant biothreat, and has never been considered a high threat pathogen in the past.

So, stop the fear-mongering, misinformation and disinformation.

By Rhoda Wilson

SOURCE

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