



## How Long Can the COVID-19 Spike Protein Stay in Your Body and What Can You Do About it?

### Description

As we grapple with the aftermath of the COVID-19 pandemic, much remains to be discovered about the virus, the mRNA vaccines and their long-term effects on our bodies. One area of particular interest is the **spike protein**, which is found on the surface of the SARS-CoV-2. Until fairly recently, it was unclear just how long this protein, which plays a crucial role in helping the virus invade our cells and appears capable of causing significant biological harm, can remain in our bodies. Similarly, until recently, it was unclear what if anything can be done to protect against spike protein.

For most people, COVID-19 symptoms usually last for a few weeks, but for a subset of those infected with the virus, symptoms persist even after the acute phase of the disease. This condition is commonly called “long-COVID.” Although estimates vary, it is reported that anywhere from one in ten to one to three people experience symptoms even after 12 weeks of diagnosis.

### Recent Study Detects Spike 12 Months Post-Infection

The causes of long-COVID aren’t perfectly understood, but a recent study suggests that it is likely associated with elements of the SARS-CoV-2 virus lingering in the body. The study in question measured SARS-CoV-2 antigen and cytokine levels in plasma samples collected from people who developed PASC.

The researchers found circulating spike protein in the vast majority of the patients with long-haul symptoms. The detection of spike at multiple time points, even 2 to 12 months after infection, confirms that viral reservoirs can persist in the body well beyond the acute phase of illness.

The question, then, is **what effect this could have on our health?**

### Harmful Effects of the Spike Protein

With long-COVID, circulating spike is liable to cause harm in several ways. First, spike protein has the ability to impair T-cell (an important immune cell) receptor function, potentially weakening immunity. Other research indicates that long-COVID is strongly linked with elevated inflammatory markers.

Further, spike has also been shown to elicit dysfunction in pericytes, blood vessel endothelial cells, and the blood–brain barrier.

### Bottom Line

The long-term **persistence of the COVID-19 spike protein in the human body has major implications for our understanding of the virus and its long-term effects.** Given the spike protein's capacity to harm a host of biological processes – from immune cell dysfunction to blood vessel abnormalities - **it is crucial that further research is conducted to fully comprehend the mechanisms underlying these lingering effects.**

### What Can You Do to Protect Against Spike Protein

Despite censorship by the mainstream medical community, solutions to spike protein exist. Dr. Peter McCullough, one of the world's leading cardiologists and COVID freedom fighters, notes the following potential remedies:

1. Prescription Ivermectin
2. Prescription Low-Dose Naltrexone

### 3. Over-the-counter Nattokinase

In particular, [nattokinase shows great promise](#). From Dr. McCullough:

***I have found nattokinase, the Japanese product derived from natto (a traditional Japanese food made from whole soybeans that have been fermented with *Bacillus subtilis* var. *natto*.) to be the most compelling and scientifically supported approach to clear Spike protein out of the body via proteolytic degradation.***

Dr. Peter McCullough and his team at The Wellness Company designed [an optimized Nattokinase-based supplement, Spike Support](#), to help you feel your best.

- Nattokinase to aid with circulation and dissolve spike proteins
- Dandelion for a detoxifying agent and prevent spike protein cellular binding
- Black sativa to possibly facilitate cellular repair
- Green tea for added defenses at the cellular level through scavenging for free radicals
- Irish sea moss to help rebuild damaged tissue and muscle

Here is one of Dr. McCullough's colleagues, Dr. Jen VanDeWater, talking about all the elements of [The Wellness Company's Spike Support Formula](#):

According to The Wellness Company, purchasing all the separate ingredients of the Spike Support Formula would be over \$100 – you can **save 36%** with the unique formulation in The Wellness Company's Spike Support Formula.

People are saying about The Wellness Company's Spike Support Formula:

*"I saw Dr. McCullough talk about the product and decided to give it a try. A month and a half later, I feel sooo much better. I also have recommended the product to family members to help them detox from the painful side effects of the vaccine."*

*"I feel like I have had brain fog for the past 18 months and after taking this supplement noticed the fog lifting finally. I plan to buy more for myself and now a friend suffering from heart issues."*

*"I am grateful for the Wellness Company and for you coming out with this spike protein vitamins. I am a big believer in natural healing and not pharmaceutical drugs. Thank you for doing what is right and for speaking truth in a world that is so dark."*

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