

Because it actually works, corporate media is dishonestly attacking vitamin D and other natural remedies

Description

Fake news giant *Forbes* has published a propaganda piece declaring vitamin D to be "worthless" and even "dangerous" for humans.

Steven Salzberg, a professor of biomedical engineering at <u>Johns Hopkins University</u> and the article's author, argues that people need to "Stop Taking Vitamin D Already!" – this being the title of his piece.

Salzberg is so against vitamin D that he added it to his top five list of vitamins that people should never take, making it a top six list of "useless vitamin supplements," as he calls them (the other five are vitamin C; vitamin A and beta carotene; vitamin E; vitamin B6 (pyridoxine); and multivitamins).

Even though upwards of 75 percent of the American population is deficient in vitamin D, Salzberg argues that people should avoid it like the plague because a paper published in *The Lancet* supposedly found that it "did not help to prevent heart disease, weight gain, mood disorders, multiple sclerosis, and metabolic disorders, all of which had been linked to lower vitamin D."

Since vitamin D has gained a lot of traction due to the Wuhan coronavirus (Covid-19) – check out the evidence showing that vitamin D works against infectious diseases – Salzberg and others like him are trying to nip it in the bud and scare people away from taking it.

"The only prophylactics the corporate media ever apparently want to promote are masks and vaccines – tools of social control and biomedical profiteering, respectively," writes Ben Bartee for *The Daily Bell*.

"Johns Hopkins is the undisputed Heart of COVID-19 Darkness – the progenitor of lockdown policies and the most-cited authority for the corporate media and government to justify mask and vaccine mandates."

Forbes, Steven Salzberg and Johns Hopkins University are mouthpieces for Big Pharma

While it may be true that <u>vitamin D supplements</u> are not the most optimal form of intake – natural sunlight, without sunscreen, is your best option – Salzberg is of the persuasion that the vitamin is useless and even harmful, which is laughable.

Johns Hopkins, it turns out, is Big Pharma central. The school touts the "benefits" of nanobot "theragrippers" that latch onto the intestines like parasites in order to deliver pharmaceuticals to the bloodstream, all while denigrating natural vitamins.

It is no surprise, in other words, that Salzberg is writing hit pieces against natural vitamins on behalf of Johns Hopkins, which is an enemy of natural remedies and health freedom, which don't make Big Pharma any money.

What Salzberg conveniently failed to address in his hit piece is the fact that vitamin D deficiency is linked to a host of health problems, not the least of which include chronic fatigue, muscle twitching, confusion, nausea, weakness, constipation, paresthesia and poor appetite.

A lack of vitamin D also makes a person more prone to developing an infectious disease, as well as multiple sclerosis, autoimmune rheumatic diseases (ARD), cancer, osteoporosis, arthralgia, myalgia and type 1 diabetes.

"But that's all golden for Big Pharma," Bartee further writes. "They've got vaccines for acute infections and drugs to hook you on for life to treat chronic illnesses."

"They'll drain you of your life savings as you slowly die, all the while never getting to the root cause of your illness – which, in many cases, might well be a vitamin D deficiency. Cured patients don't pad Pfizer's bottom line."

In the year 2022, it is simply astounding that any media outlet, no matter how corrupted, would be so foolish as to publish anti-vitamin D propaganda. The cat is long out of the bag, and *Forbes*, Salzberg and Johns Hopkins are unsuccessfully trying to stuff it back in.

by: Ethan Huff

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